



# Bright eyes

(edible sensory play recipe)

## You will need:

Fruit salad with bright colours - e.g. apples, oranges, kiwi, strawberries, watermelon

Biscuits

Grip lock plastic bag

Rolling pin

Large tray

## Method:

1. Prepare the fruit salad. Ensure the fruit is chopped into large pieces of children to hold or grab. Please do not cut too small, as fruit can then become choking hazards - DO NOT WANT.
2. Put the biscuits into the plastic bag and crush them into crumbs using the rolling pin.
3. Spread the fruit salad out on the one side of the tray.
4. Spread the crushed biscuits out on the other side of the tray.
5. Now children can explore - enjoying the contrasting sights, the brightly coloured fruit salad and the plain looking biscuits.